

**Win \$50
Cash!**

**Plus
More Great
Contests
Inside ...**

THE HIGHLANDS COMMUNICATOR

Volume 1, Issue 3 Tuesday, February 26, 2002

"Your Good News - Little Newspaper"

FREE

Haliburton
Minden
Dorset
Carnarvon
West Guilford
Eagle Lake
Ingoldsby
Lochlin
Donald
Gelert

It's FREE to Watch!

*If you haven't seen it yet,
you must go to the
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Grounds. The weekend
of March 2/3 is the last
race of the year til next
January. They are
definitely a blast to see!
Pictured is the fast paced
stud class race - one of
the many exciting races.*

Last Chance To See Ice Races This Year - Don't Miss It!!

March 2&3



*Bob wears a Mario
Lemieux jersey that's up
for grabs March 14th.*

Lot's Of Give-A-Ways At Haliburton IGA Pre-Opening Night Party!

Many have been asking and many others wondering – 'when is the new Haliburton IGA going to open?' Well the answer is here – the official Grand Opening will be March 15th!

"We are closing the current location on March 12 at 6 p.m., and will be opening the new store on the 15th at 8 a.m.," says owner Bob Park.

Now for anyone who would like to have a sneak preview – your chance will be the evening of the 14th at the pre-opening night party. In many cases the pre-opening party has been by invitation only, but Bob decided to do something a little different than the norm and at the same time, help a wonderful cause.

Party cont'd... pg. 7 ...

**inside
this ISSUE**

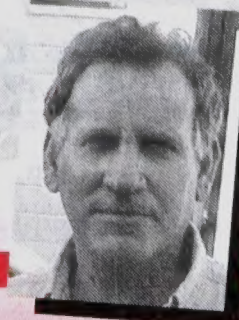
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Wanna Win A Brand New Car ? Your Chance Is Just Around The Corner!



How would you like to win a brand new vehicle? That chance is coming in March with the official kick-off of the annual Haliburton Rotary Club car draw.

This is just one of the many fun activities this fantastic club runs in order to raise money that they in turn contribute largely back into the community for all to benefit from.

It all started for Haliburton by Ron Curry who had a dream of creating a service club in Haliburton, and on May 24, 1944, he brought it to fruition as the charter president. Ron will always be remembered and revered as the embodiment of the principle of integrity, fairness, goodwill and above all, service, which are the foundation of the Rotary ideal. Ron died only days after attending the 40th anniversary celebrations of the club he founded.

In the beginning, there were sixteen charter members who attended the organizational dinner of the Rotary Club of Haliburton at the Grand Central Hotel in Haliburton. Some 128 Rotarians from many parts of Ontario attended the club's charter night on May 24th, 1944 held at the Wigamog Inn. Then some of the club's fund raising efforts included monthly bingo, and the raffle of a cottage on Lake Kashagawigamog. The cottage was constructed by members of the club and the raffle tickets were sold for 35 cents or seven for \$2.00.



**Haliburton Rotary
President Andy
Salvatori**

The club that started with 16 members has now grown to 42 members, 7 of which are women. "We actually had our first lady president last year, Lynda Shadbolt.," says current president, Andy Salvatori. "For many years women were not part of Rotary, but that has all changed," he adds. "Women are more than welcome to join."

Membership is actually open to anyone interested in becoming involved and you don't have to be a business owner to be part of the club. "I think that is a misconception many people have – that you have to be a business owner. It's not so," says Andy. "We just want people who are eager to help the local community and international community."

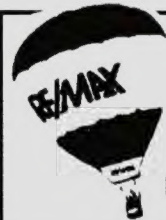
What is Rotary? It is an organization of business and professional people united worldwide, who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. And the members of the Haliburton Rotary Club have a lot of fun while doing this.

While their contributions touch many people and organizations locally and internationally, the current primary recipient of the Haliburton Rotary Club fundraising efforts is our local health foundation. "We made a pledge of \$250,000 and so far we've contributed \$190,000," exclaims Andy.

To accomplish this, organizing fund raising activities is a large part of the club's duties. In addition to the popular car raffle, the club hosts a celebrity golf tournament in July in conjunction with Delta Pinestone, which anyone can be part of. "Last year we had hockey hall of fame's, Ron Ellis and San Jose Shark, Mike Ricci. This year we are trying to build on it and get more celebrities," explains Andy.

**Rotary Not
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Owners but
open to all
Men &
Women
Who Want
To Help!**

Rotary cont'd...pg 5 ...



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EYE ON BUSINESS

The Pump Shop

There's More Than Pumps at the Pump Shop

There's more to The Pump Shop in Haliburton than just pumps, mind you, if you need a pump – any kind of pump – you will find it here.

Since starting in 1987, owners Wade and Jane Woodward have seen many changes to their business including a name change, a couple location changes and expansion into the hot tub business.

Wade started the business at around age 19 with his father Ray. At that time they purchased an existing business called Hill Top Electric which was a motor repair shop.

Wade was raised in the Haliburton area – the Woodward family was well known to patrons of Ox Narrows located just south of Dorset. Purchased in 1969, the Woodward's built up the Ox Narrows business by winterizing the cottages offering year round rentals, and establishing a large clientele. "It started to get really busy so we sold the business," says Ray.

As a young boy, Wade was always one to putter with small motors, says his dad, so it was only natural that he ventured into the business he did. "He went to school and took courses for this line of work," says Ray, "you have to take courses always to keep up on the technology, it keeps changing," he added.

Around age 19, Wade return from the big city where he



Can you see yourself here? Jane is pictured with one of the hot tubs for sale at the Pump Shop.



Ray, Jane and Wade

picked up more experience in the field, and was now ready to work locally. "Wade was looking for something to do, and I had time to help out so we bought Hill Top Electric," says Ray.

The same year Wade started his new business venture, was also the same year he married Jane. By 1995, Hill Top Electric was expanding and soon became 'The Pump Shop'. "We wanted to be known for water pumps and water systems, so we decided to change the name," explains Wade. The expansion into hot tubs soon followed. As the business grew, so did the need for space. After a couple moves within Haliburton, the Pump Shop finally found its permanent home on Maple Ave. "We own the building now so we will be here a long time," says Wade.

The larger space now allows the couple to feature a line of full sized hot tubs, in addition to pumps, plumbing supplies, fixtures, parts, and even tub enclosures and bathroom fixtures.

Hot tub sales are increasing every year as people catch on to the pleasure and relaxation factor these have to offer. "You can use a hot tub year round," explains Jane. "A lot of people are starting to buy them over a pool because of that. They are nice to sit in and great for the whole family. It offers time for

hot tubs cont'd ... pg 8 ...

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Be Part Of Our New Big Brother's Big Sister Program

There are currently over 60 Little Brothers and Little Sisters across Victoria-Haliburton waiting to be matched. Please think about becoming a Big Brother or Big Sister Today!

Big Brothers and Big Sisters of Victoria-Haliburton promotes and monitors long term supportive friendships for children through quality relationships with caring adults

In February, the Big Brothers and Big Sisters organization officially opened its operation in Haliburton County. To help promote this service in the county, the organization just hired two case co-ordinators, Karen Phipps and Patti Lou Robinson. For more information about the program you can contact Karen at 457-1311 or Patti Lou at 457-2105. The following is an outline of what big brothers and big sisters is all about. If you feel you can become part of this service, please contact one of the two co-ordinators.

What is Big Brothers/Big Sisters?

They are an organization dedicated to helping in the development of children growing up in primarily lone-parent families. There are over 950,000 boys and girls in Canada who live with one parent. Not all of them need or want another

adult in their lives, but very many do. These are the children that this organization serves.



Who are Big Brothers and Big Sisters?

A Big Brother or Big Sister is an adult from any walk of life, married or single, with or without children, who volunteers a few hours a week as a friend to a child. It does not require any special training to be a Big Brother or Big Sister. Just being yourself is enough!

Who are Little Brothers and Sisters?

A Little Brother or Sister is a child, generally between the ages of 6 and 16, primarily growing up in a lone-parent family. To be in the program the boy or girl must want a Big Brother or Sister as a friend. The parent of the Little Brother or Sister must want the friendship for the child too.

(A Big Brother or Sister is affectionately known in our organization as a "Big" and the young friend, a "Little".)

How are Bigs and Littles "Matched"?

The goal of Big Brothers/Big Sisters is a good match that meets the child's needs. That is why they take great care in screening potential Big Brothers and Big Sisters. All prospective volunteers are carefully interviewed, and a thorough assessment is completed to ensure that they are reliable, caring adults. They get to know the child and his or her family, carefully noting likes, dislikes, temperament, interest, age and personality.

Then it is the caseworker's job to decide which Big and Little might make the best "match".

What happens after a match is made?

After the Big and Little meet, the caseworker stays in touch to provide any needed support in establishing their friendship. The caseworker will help in any way possible to ensure that a match is successful. As well, most agencies arrange organized activities, such as skating parties or movie nights, for those who wish to participate.

What commitment is involved?

A minimum commitment of a few hours a week for one year is expected but many matches result in a strong friendship and last for a number of years.

See pg. 37 for ways you can volunteer - helping school children at risk of dropping out - or join the Bunch Program - help a bunch of kids enjoy some fun activities each month.

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The Story Behind The Train - It Was A Rotary Project In The 60's

... from pg. 2

A much-enjoyed family oriented event brought to our area by our Rotary Club is the annual carnival held mid August. Complete with rides, games of chance, and a variety of fun activities, this event is enjoyed by all ages.

Just recently, approximately 80 people participated in the annual Snowarama held by the Haliburton Rotary Club. This event is held every year on the last Saturday in January. This year \$19,300 was raised – the proceeds of which are contributed to Easter Seals.

All the fund raising activities of the club are well received and well supported. Andy states, "the support of the community for all these is just fantastic." The car draw alone raises well in the neighbourhood of \$40,000, and offers great odds for a chance to drive away in a brand new vehicle. Only 3,500 tickets are printed and sold for \$20 each. At press time, this

year's vehicle was not confirmed, but the club is considering one that we are sure everyone will want to be the proud owner of. Tickets will go on sale around Easter time. For those who buy their tickets early, you have a chance at winning more prizes during the early bird draw held in July.

As well as fundraising activities, the Haliburton Rotary Club contributes dollars and manpower to many projects in the area, most noticeably; it was our club in 1960 that brought us the historic locomotive located by the high school.

"It's a great tourist attraction," says Andy.

It was Saturday, October 1, 1960 that the Haliburton Legion band and the Colborne Recreation Trumpet and Baton Corps led a parade from the community park, down main street and on to the high school, for the official dedication of the historic locomotive. The engine was donated by the C.N.R. and placed at its current location at a cost of \$1,952, which included \$827.57 for bringing it from Belleville to Haliburton. Rotary agreed to assume ongoing maintenance costs, an obligation the club still meets today.

Andy says that recently our locomotive received attention by a group in Kamloops B.C. "They had a train like this that they are restoring and all they needed to finish was a part that only we had," Andy explains. "The part is called a Hancock Inspirator – we removed it and sent it to Kamloops. My understanding is that that train is now up and running. All they needed was that part."

Our past and present Rotarians have also been instrumental in the creation and beautification of Rotary Park in Haliburton, Sam Slick Park, and the Drag River beautification project, as

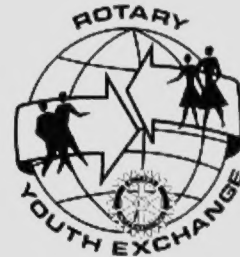
well as many other projects that many are unaware of their involvement. "We give a lot of money to things within the community that a lot of people don't realize," says Andy. "We're always looking for new projects and there will always be new projects. The last few years, we have focused largely on the hospital fund."

While a lot is done on a local basis; Rotary does its work internationally in a big way as well. To help with the mandate of spreading goodwill throughout the world, Rotary sponsors an exchange program. This enables a student each year from our area to go to a foreign country to stay with rotary families abroad. In exchange, we receive a student from a participating country and families of our rotary club "host" this student. Right now local Josh Wales is in Italy as part of the program and we are pleased to have Sabrina Lemme from Argentina in our midst. Andy explains, "we sponsor this program because part of the mandate is to increase

goodwill and peace in the world. This program helps people understand how people live in other parts of the world."

Exchange programs are not just for students – Rotary is involved in a group study exchange that will see three local residents leaving for South Korea in April. These young professional people who are participating in the cultural exchange are Brian Menton, who is the team leader, Darren Lum and Kate Hall, who was sponsored by the Minden Rotary Club.

So now that you know more about our wonderful club, why not become a member, join in the fun, and help this terrific group of people in turn help our community? Again, you must have the desire to want to help – it's that easy. The club does, however, stress the importance of attendance to their weekly meetings held every Thursday at Pinestone. "There are a lot of members who have perfect



attendance and have had for a number of years," says Andy. "Curry Bishop has had perfect attendance for over 35 years, Brian Black for over 25 years, and some for 20 years. We have many members who have been with the club for a long time. That says something about the club," says Andy. The meetings always include a delicious buffet dinner at starts at 5:45 and the meeting gets underway around 6:15. Each week a special guest speaker is featured – each member is responsible for providing one guest when it is their turn. "The meetings are fun. Rotary is a great organization and we are always looking for new members," says Andy, concluding, "we encourage anyone interested to come out to a meeting or contact any Rotarian – anyone of us would be more than happy to help you."

We Asked You!

"Who is your favorite cartoon character?"



Wayne Henderson - Minden
"The Incredible Hulk!"



Jan Jowett - Haliburton
"She-ra - Princess of Power!"



Paulette Blake - Haliburton
"Mickey Mouse - Who doesn't like Mickey?!"



Leslie Burke - Haliburton
"Scooby Doo. I've liked him since I was a kid!"



Gary Cowling - Haliburton
"Scrappy Doo. He's a feisty little guy!"



Don Schlosser - Minden
"Taz - The Tazmanian Devil. He's cool!"

Just 'TRY IT!'

Calling all you older kids in the county ages 40 something and up - why not 'Try It' this year! Try what you ask? Well right now and up-coming you can try Tai Chi, Aqua fit classes, fitness programs, and a swim at your leisure program - just a few of the many healthy activities being offered through our local health unit's new 'Try It' promotion.

The mandate of the new program is to promote healthy activities in the area, specifically aimed at individuals 40 something and over.

\$73,000 Available For Haliburton County

The health unit in the past has been primarily promoting healthy activities for youths through their provincial Heart Canada funding, in addition to offering health related resources at their local office on Hwy 118 just north of Haliburton.

Recently they applied to the federal government for funding through the diabetes prevention program and received not only a yes but a commitment for funding in the amount of \$73,000 per year for three years to aid in the creation and promotion of healthy activities for 'older adults' in Haliburton County.

"We are targeting those roughly 45 to 65 years of age - the pre-retirement crowd. We want to provide activities to get these people up and moving," says project coordinator and Public Health Nurse, Anne-Marie Cyr.

**Watch
for the
'Try It'
Logo &
Join In
The
Fun!**

To do this, Anne has been in contact with many people already involved in providing healthy activities for people in the area in an attempt to develop programs for the target market.

New Name & New Image Launch on March 23

In conjunction with the formation of the new 'Diabetes Prevention/Heart Health' project, there will be a big launch on March 23rd where a new name for the initiative will be announced. "Diabetes Prevention/Heart Health is a bit long," says Anne-Marie. "We will have a new catchy name that will help promote what we are trying to achieve."

The slogan of the project is "Try It", which basically says it all... just "Try It" - become involved in an activity and enjoy yourself.

Many of the programs are geared to be affordable, but with the funding available, many of the programs offer subsidies for those who require assistance.

Watch The Communicator!

The Communicator will be highlighting all the programs as they come available and they will be easily recognized, as we will accompany them with the 'Try It' logo. When you see this logo, give it a read and see if it is an activity you might like to try!



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IGA Pre-opening Night Full of Surprises

... from pg. 1

Anyone can come to the gala evening by purchasing a \$20 admission ticket from a Haliburton and District Lions Club member. All the proceeds will be contributed to the Haliburton Highlands Health Foundation.

"This has never been done before," says Bob. "It will probably start a trend with new IGA store openings. I just wanted to do something different and I also didn't want to offend someone by overlooking him or her in the invitation process. This way, everyone has a chance to come out and enjoy the evening."

And what an evening it will be. It all gets underway at 7 - 9 p.m. when all the new and existing staff will be piped via a pipe band from the old store to the new location. "We'll be serving wine and beer, there will be suppliers there with samples, there is a barbershop quartet and we'll be giving away a lot of prizes," exclaims Bob. How many prizes? ... Well Bob says there are too many to mention but does say there will be many give-a-ways in addition to all the fun stuff taking place. "I'm sure by the time we're finished, the \$20 admission will be well worth the money - lets just put it that way!"

There will only be 800 tickets available on a first come, first serve basis, so if you want yours you had better get it quick. The new store can only hold 800 people. The Lions will be selling the tickets at the current IGA location over the next couple of weeks.

Original 'David Alexander Risk' Painting Worth Thousands Grand Prize At IGA Pre-opning Night Party

Bob & Wendy Park, and David & Sharon Risk, working together, are offering an original painting worth thousands of dollars, painted by David to help raise money for our local hospital.

With 800 tickets at \$20 each, the tickets will be sold with 100% of the proceeds going to our Haliburton Highlands Health Services Foundation campaign.

Get your tickets quick. Each ticket purchased will have a chance at winning this valuable prize.

Brain Teasers Of The Month!



When you look at this do you see the Indian face? What else do you see? Look Carefully!

Answer to both teasers on page 38.

Here's a Tricky Mathematical Question...

Three people check into a hotel. They pay \$30 to the manager and go to their room. The manager suddenly remembers that the room rate is \$25 and gives \$5 to the bellboy to return to the people. On the way to the room the bellboy reasons that \$5 would be difficult to share among three people so he pockets \$2 and gives \$1 to each person. Now each person paid \$10 and got back \$1. So they paid \$9 each, totalling \$27. The bellboy has \$2, totalling \$29. Where is the missing \$1?

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Want to Try A Hot Tub? Why Not Rent One From The Pump Shop!

...from pg. 3

the family to relax and chat."

Employee Norm Barry adds, "they really relax you. It takes away a lot of stress."

Hot tubs range in price from around \$3,500 up to, well depending on your needs, you can get ones worth up to \$15,000 – mind you these ones are a little extravagant and rare. "We offer one that has a stereo in it, 38 jets, fancy coloured lighting that keep changing - it is like the cadillac of hot tubs," says Jane.

Most tubs range in price from \$3,500 to \$6,000. "We carry a variety of tubs to suit your needs," says Jane. The Pump Shop carries only Beachcomber Tubs as both Jane and Wade found these to be the best quality. "Wade really wanted to sell hot tubs - before he did he searched many companies to find the best. He found the Beachcomber Tubs to be the best – they last longer, and are made better," says Jane.

If you want to just try one out, you can also rent a soft tub for a week from the Pump Shop. The soft tubs are a hot tub that is more portable and easy to set up and enjoy in no time.

"A lot of people rent them for special occasions, especially around Christmas and Valentines," says Jane. "You can rent them anytime – they are usable all year round and are great in the winter outside."

The cost to rent is \$250 for the week – Monday to Monday.

There is also an additional charge for pick-up and delivery if you require delivery. They are not that heavy so if you have a truck, they are easy to transport – you will be hot tubing in no time!

Water systems are another area of expertise that the Pump Shop can help you with. From water purification systems, to

water treatments, softeners, ultra violets, reverse osmosis, and winter water systems for cottages that close up for the winter, the Pump Shop can help you. "We offer free water consultations and testing," says Jane. "We can let you know what you need, if you need anything. We do a mineral count and can help you determine what you need to have clean, safe water."

They can also help you with water system spring start-ups and winter shut

downs. In addition, the Pump Shop offers a winterized drainback system great for cottagers who leave their cottages unattended during the winter months.

"With this system, you never have to worry about cottage line freeze-ups again," says Jane.

When it comes to pumps, Wade was just as picky about quality and chose the Myer line to carry. "These are great quality pumps," says Jane. "We've always had good luck with Myers."

What kind of pumps do they carry?

Well they carry submersibles, jet pumps, sewage pumps, sump-pumps, and even gas powered pumps. Whether you need yours repaired or need a new one, these are the people to call.

Right now, the Pump Shop has a staff compliment of 7 fully trained and knowledgeable people plus the owners who are ready to help you. The store/showroom is open Monday to Friday from 8 a.m. – 5 p.m., and in the winter months on Saturday from 9 a.m. – 1 p.m. During the summer months the Saturday hours are extended to 9 a.m. – 5 p.m. You can reach the Pump Shop by calling 457-2638 or toll free at 1-888-312-7867. The Pump Shop is a member of the Haliburton County Homebuilders Association and is licensed by the M.O.E.

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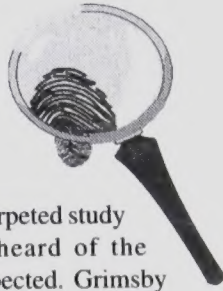
457-2022

WIN the use of a Soft Tub FREE for one whole week!

See page 33 for details!

W70

DUN-IT?



Detective Minden entered the richly carpeted study of Richard Grimsby. He had just heard of the billionaire's death. Poisoning was suspected. Grimsby lay behind his desk on the floor. His sightless eyes stared at the ceiling. Near the door sat a weary looking balding man. Minden approached him.

"Mr. John Grimsby?" he asked. "Aren't you Richard's great nephew?"

"Yes. I'm here in Lochlin from California visiting my uncle. I haven't seen him in over 20 years," he said.

"What happened here?" inquired the detective.

The Case of the poisoned uncle.

"I came into the study around 10 a.m. to say good morning to my uncle. He was in a great mood. He asked me to pour him another coffee, so I did. He drank about half of it while we were chatting, then said he had to call the plumber to fix the leak downstairs before he forgot."

"Plumber Dave Johnson?" asked Minden.

"Yes," said John. He continued, "He just started to dial the number and began gasping for air, let out a sharp cry, grabbed his throat and fell to the floor. I looked at him in shock and I could tell he was dead. He wasn't breathing. I made sure not to touch anything and left. I locked the door and called the maid Mrs. Brown who called the doctor and police. I kept the study door locked until you got here."

Detective Minden nodded and looked down at the dead man with the empty coffee cup beside him on the floor. Just then the phone rang on the billionaire's desk. Minden answered the phone and explained that Richard Grimsby had died and an investigation was in progress. After hanging up the phone, he turned to the nephew and said, "I think you could help yourself by telling the truth John."

Why doesn't the detective believe his story?

solution pg. 38 ...



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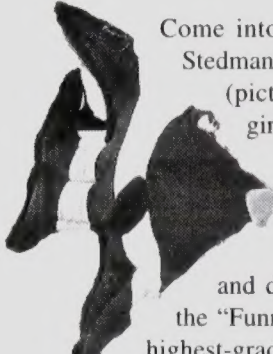
Haliburton County Employment
Resource Centre
(Located above the Guardian Drug Store
in Haliburton)

(705) 457-2020

Canada

What's **HOT** on the Shelf?

"Funny Friends"



Come into Crafts 'n More in Haliburton in Stedman's mall and see Marianne or Sandra (pictured here! - No-just kidding right girls?) Actually pictured are two of the "Funny Friends" that have just recently arrived to the store. You can choose from the popular bubble eyed fish or maybe an angel fish, a moon and dragon flies large and small. All of the "Funny Friends" are handmade from the highest-grade materials, including top of the line polyester fiber filling and quality fabrics. These elements create a long lasting product that will keep its buoyant shape. This also allows the perfect texture for the artist to individually sculpt the personalities, making no two alike.



Also - Watch for "Happy House" coming in April!!

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Or Inquire at the Wilberforce ESSO

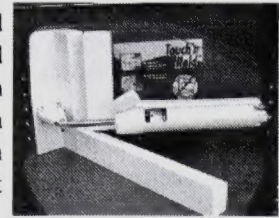


*Justin Hie & Tim Bailey of
Minden Home Hardware.*

Touch 'n Hold Door Opener

Brand New on the self - replaces those frustrating door holders. With the simple touch of a button - you open the door and where you stop - the door remains open.

To close the door you simply give the door a light push and it closes. It's neat - easy and revolutionary! You get get them at Home Hardware. There is a demo model you can play with at the store. They sell for just \$19.99.



Digital Camera with Docking Station



A range of quality and price is offered in the new Kodak line of cameras that offer a unique docking system. You simply place the camera on the docking station, and with the push of a button your pics are automatically downloaded fast & easy. It also automatically charges your batteries while camera is parked. For more info see Perfect Prints in Haliburton or Photo Solutions in Minden. Both stores offer a variety of digital cameras and accessories and will gladly assist you in finding the right digital camera for your needs. Remember, with a digital camera and computer you can instantly email pics, print your own photos, and much more. Keep an eye on the prices - in this fast paced techno market - they change quite often.



*Pictured above
is Melissa,
employee of
Perfect Prints
in Haliburton.
Laurie, owner
of Photo
Solutions in
Minden is
pictured left.*

A Dinosaur In Haliburton?

If you haven't attended any of the informative and lively presentations at Club 35 in Halls Lake then you don't know what you're missing!

The good news is it's not too late to join in the fun as four more exciting presentations are planned from March to June.

What are we talking about you ask? Well, the Stanhope Heritage Museum has been proud to present a new and different

guest speaker once a month at Club 35 with topics ranging from the Halls Lake meteorite mystery to Haliburton's very own dinosaur.

Admission to these informative get-togethers is by donation and some very intriguing topics are still to come – just check out the following line up:

On **March 12th**, Brent Wooten from the Haliburton Forest and Wild Life Reserve will take us for an 'in-depth' look at the amazing world of streams that feed our lakes.

On **April 9th**, you are invited to join members of the Haliburton Outdoors Association as they spin the tale of finding the "Haliburton Gold", a 10,000 year-old type of fish – right here in the Highlands! This presentation titled 'A Dinosaur in Haliburton?' will feature displays and information about the fish hatchery and its importance to our community.

On **May 14th**, Geologist John Etches will be the featured guest and will explain why our lakes are depleted each year. He will demonstrate this explanation with a working model. This feature is titled "Where has all the water gone?"

Lastly, on **June 11**, you are invited to join author and heritage gardener Laurel MacDowell for a discussion on the why's and how's of heritage gardening. This session will feature a plant swap and a tour of the museum's new heritage garden – just in time for planting.

In all, the remainder of the series of presentations promises to be exciting and very enlightening for all ages. You may plan to attend one or all of the series, but we're sure once you attend one, you will be awaiting the next with great anticipation.

Again, the series are held the 2nd Tuesday of each month at Club 35 in Halls Lake at 7 p.m., Admission is by donation. If you require further information about the series you may contact Carol Moffatt at 489-3554.

**Learn
about
Haliburton's
own
dinosaur -
a 10,000
year-old
fish!**

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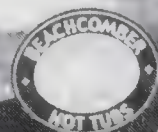
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Hwy 118 & Maple Ave. Haliburton

Don't Miss This Year's Local Maple Syrup Production

March generally brings with it the production of fresh maple syrup – a time of year when you can visit local maple syrup producers to see just how this sweet stuff is made – and to sample the freshest syrup around.

Haliburton County is filled with maple syrup producers – many who welcome you to their maple syrup operations. The following is a list of those producers and where they are located.

MINDEN AREA - 1

Amyotte's Sugar Bush is located 8 km south of Minden behind the Wagon Wheel Hotel. They have 100 taps. You may contact the Amyotte's at 286-6638.

HALIBURTON AREA - 4

Cossette maple Syrup is a two-person operation producing since 1987 with 3000 taps. Located ½ mile north of Hill Top Market in Haliburton off Hwy 121.

DORSET AREA - 5

Emes Family Maple Syrup is a 1000 tap, wood fire operation on pipeline. They are located north on Hwy 35, 7 k.m. south of Dorset, or 2.5 km north of the Frost Centre. Watch for the Emes Hill sign. Call 766-9638.

WEST GUILFORD AREA - 6

Dunloe Farm Maple Syrup have 500 taps on pipeline and 200 on buckets with a wood fire evaporator. They are located

on Barry line one km west of the Kennisis Lake Road, north of West Guilford. Call Dale, Darlene or Devan McDonnell at 754-3034.

KENNISIS LAKE RD. - 7

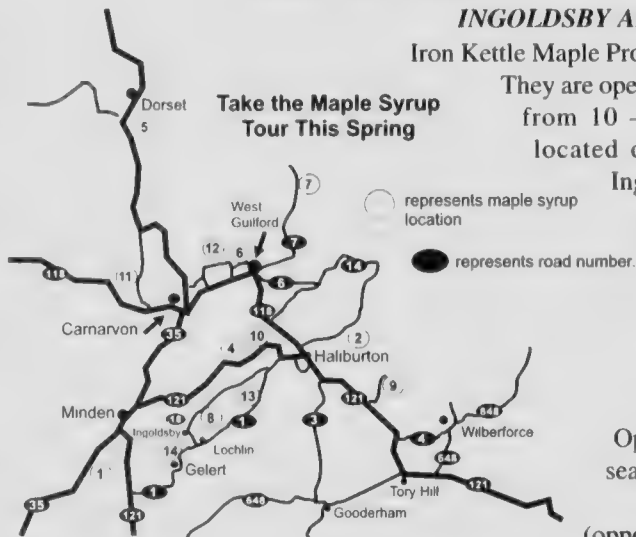
Haliburton Forest & Wildlife Reserve Ltd. Is a 50,000-acre wild life reserve with maple syrup production, lodge and restaurant, plus Wolf Interpretations Centre. The operation is located 10 km north of West Guilford on Kennisis Lake Road. Call 754-2198.

INGOLDSBY AREA - 8

Iron Kettle Maple Products features 4,300 taps. They are open during the maple season from 10 – 4 (286-1793) and are located on County Rd. 18 near Ingoldsby off Hwy 121. You may contact Louise Berry at 286-3705.

HALIBURTON AREA - 10

Maple Moon syrup production of 300+ taps. Open week-ends during the season or by chance. Just off 121 south of Haliburton (opposite Wee Care) on Maple Hills Rd. Call 457-1980.



maple syrup cont'd ... pg 13...

**JOB SEARCH HELP
IS A CALL AWAY**

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**Your First Step To
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employment?**

**The Ontario Disability Support Program is here to
provide the employment support that people with
barriers/disabilities need to get and maintain jobs.**



**Northern Lights
Vocational Services**

Maple Syrup Tour

CARNARVON AREA - 11

Roger's Sugar House is located on Kushog Lake Rd., 4 km west of Carnarvon, 1 km north of Hwy 118. Visitors are welcome anytime. Farm gate sales include Pure Ontario Maple Syrup, Maple Butter, Maple Jelly and maple Soft Sugar. Call 489-1098.

WEST GUILFORD AREA - 12

Wake Robin Farm has been in production since 1976. They run approx. 850 taps. They're open for tours during the season. Located 0.6 k.m. off North Shore Rd., on Dawson Rd. Call 754-2297.

HALIBURTON AREA - 13

Waverley Brook Farm operates 750 taps. Old and new sugarhouses set up year round. Farm sales are held off County Road 1, southwest of Haliburton approx. 5 km on the right. Call 457-2214.

GELERT AREA - 14

Wintergreen Maple Syrup and Pancake Barn is an 800 tap sugar bush. A maple restaurant, antique display, sugar on snow parties, horse drawn sleigh rides, videos, a gift shop and a wide variety of maple syrup products awaits visitors to Wintergreen. They are open during the maple season every Saturday & Sunday from 9 - 4. They are located on County Rd. 1, just one mile north of Gelert. Call 286-3202.

Season Depends on Weather

So there you have it and a wide selection there is to choose from at that. Don't miss the opportunity to visit some of these operations and get a first hand look at how maple syrup is made and get your fill of freshly made - locally produced maple syrup.

The maple syrup season is a fickle one as it depends largely on the weather. It always occurs in the spring when we experience warm days (a few degrees above freezing) then shifting to a few degrees below freezing at night. Only then is the essence of the great maple tree turned into the Canadian gold of maple syrup. This season can start as early as February or as late as April, with the normal average being around March 17th in the Haliburton area. The season can last as long as 8 weeks or as short as a few days, however in general it lasts 6 weeks.



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custom vehicle covers
custom saddlebags
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boat tops
Fleece tops, blankets, etc...
napsacks, leather socks, and more!

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It's The Law!

It is against the law to
stare at the mayor of
Paris.

It is illegal in Sweden to
train a seal to balance a
ball on its nose.

It is illegal to eat oranges
while bathing in
California.

It is illegal to frown at
cows in Bladworth,
Saskatchewan.

Mailing an entire
building has been
illegal in the U.S. since
1916 when a man
mailed a 40,000-ton
brick house across Utah
to avoid high freight
rates.

Every citizen of
Kentucky is required
by law to take a bath at
least once a year.



CRANBERRY COTTAGE COUNTRY STORE



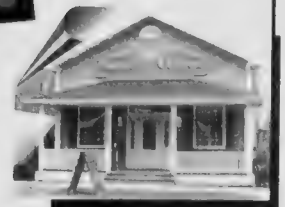
Furnishings

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just across the bridge
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We also do mechanical repairs
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Not just in page size - but in numbers!!
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have increased our circulation. Residents of
Dorset can now enjoy our publication.
We welcome calls from this area - please let us
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Call 448-1847.

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Last Month's Spot Sam Winner

Paul Borczak of Minden holds his \$50 winnings. He and his wife, Fabiola, both seeked out Sam the Advertising Man and spotted them all. His wife found them first and he double checked them to make sure. The team effort paid off. Congratulations Paul and Fabiola. Be sure to play this month!

**Team
Effort
Pays
Off!**



Spot Sam The Advertising Man Last Month's Correct Answers:

In the last issue of the Communicator, due to a printing error, one Sam was only partially visible under a graphic in the Out of Time ad on pg. 8. This was not intended and while some of you did catch it, many didn't. We are not counting any entries wrong that did not see that particular Sam as it was a mistake - but hats off to those who did spot Sam anyway! Those who did had two ballots placed in the box as a bonus. We like to make it tricky, but we're not that mean - that was an error!

There were 11 Sam's in total!
(plus the 12th in Out Of Time)

They were hidden in the following ads:

- Tom Robinson Transmissions
- Campbell's Garden Centre
- Haliburton Sew Right
- Highlands East Storage
- L.J. Fashions (Mamas 'n Tots)
- Sears Floor & Window Covering Centre
- Haliburton Home Hardware
- Churko Electric
- Martys Health Food Products
- Halcom Communications (Freeze Alarms)
- The Moose Bar & Grill

Ice Carving Winner

The winner of the Ice Carving was Fred
Gardner of Halls Lake. Congratulations!

Spot Sam The Advertising Man for your Chance to Win \$50!

How would you like to win \$50 cash? Well it's easy with the Communicator!

Just read all the ads and keep an eye out for Sam – The advertising man. We will be hiding a few Sam's in various ads throughout the publication, so look for more than one. Once you think you have found all the Sam's you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator.

Entries will be put into a draw box. The first correct answer pulled from entries received wins \$50! It's that easy and it's fun too!

Each draw is held the 3rd Monday of the month. So, get your entries in as soon as possible to be eligible.

Start scouting for Sam the Advertising Man right away. And good luck to all!

Hello, I'm Sam the Advertising Man. Spot me for your chance to WIN \$50.00 Just read how!



Send your entries to:

The Highlands Communicator,
Box 332 Wilberforce, Ont., K0L 3C0,
or you can drop them off at our drop off
centre at
H&R Block / Central Office Supplies in
Haliburton,
or email:
highlandscommunicator@hotmail.com,
or fax: (705) 448-1995.

Remember, the Sam you see here in the story does not count as one. Just the Sam's located in the ads.

More ways to WIN with The Communicator

See Page 33 for your chance to win a Fabulous 'Pamper Yourself' Package worth over \$600!

**Bill Kulas**
Sales Representative

Office: 286-2911
1-800-567-1985
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Hwy 35, Minden

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AUTHORIZED FACTORY SERVICE TO MOST MAKES
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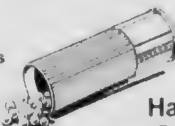
**Roberts-Austin Fuels Ltd.**
Home Heating Oil Service
24 Hour Self Serve Gas 7 Diesel
Four Wheel Drive Delivery Truck
Box 20, Industrial Park Haliburton, Ont. K0M 1S0
Phone: 705-457-3554 Fax: 705-457-5056



Why is it that when you send something by car it's called a shipment, but when you send something by boat it's called cargo?

OUTDOORS PLUS
457-3113


- Ammunition
- Consignment Guns
- Excalibur Crossbows
- Hunting Clothing
- Boots and Hats
- Co2 Refill Station
- Paintball Guns and Accessories
- Ice Fishing Accessories
- Ice Auger Rental
- Fishing & Hunting Licenses

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Girl Guide Cookies Coming In March... Order Your's Today & Help The Girls

The Girl Guide cookies are coming! Spring sees the return of those delicious Girl Guide cookies – the ones that offer one strip of chocolate cookies on one side and vanilla on the other.

During the month of March, these scrumptious cookies will be on sale and if you don't want to miss out you may call district guider, Nancy Watson to place your order. She will let a Girl Guide in your area know that you would like some cookies and cookies you will receive.

The cookie drive is a large fundraiser for the girls. During the fall they sell the popular chocolate covered mint cookies and during the spring, the traditional chocolate/vanilla cookies.

To place your order and help the Girl Guides of Haliburton County you may call Nancy at 457-1794. Nancy oversees both the Minden & Haliburton Guide program.

Swim For A Month And Save Money Just For Trying It!

If you want to become more active and be part of a program you can use at your own leisure, why not join the swim program offered at the Delta Pinestone by June Stewart.

Many have already discovered the fun of swimming in the in-door heated pool every day from 7 a.m. – noon. The cost is normally \$50 for a one month pass, but now through the new Haliburton Diabetes Prevention / Heart Health initiative, anyone who would like to "Try It" can do so for only \$30.

"We are giving anyone who wants to try it a \$20 gift certificate so it only costs them \$30," says project coordinator, Anne-Marie Cyr, Public Health Nurse with the district health unit. The new program is geared to pre-retirement adults 45 and older in an effort to get these people active through programs such as this.

What is nice about this program is that you can go anytime you want, as much as you want, during the allotted time slot.

If you would like to give swimming at Delta Pinestone a one month try, you may contact June Stewart at 457-1298 to receive your discount certificate and start swimming!

www.mamasntots.com

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Must be in excellent condition or brand name only.

Highland St.
Haliburton

THAT'S LIFE ...

by the Bashful Comic



The Age Old Question

A chicken and an egg were lounging next to one another in bed. The chicken was smoking a cigarette, and with a very disappointed look on her face. The egg then said,

"Well.... I guess that answers *THAT* question, doesn't it?!"

Signs You're Broke

1- American Express calls and says:

"Leave home without it!"

2 - Long distance companies don't call you to switch anymore.

3 - Your rob Peter...and then rob Paul.

4 - You finally clean your house, hoping to find change.

5 - You think of a lottery ticket as an investment.

6 - You give blood everyday... just for the orange juice.

7 - McDonald's supplies you with all your kitchen condiments.

Outlandish Expectations

Reaching the end of a job interview, the human resources person asked a young engineer fresh out of University, "And what starting salary were you looking for?"

The engineer said, "In the neighborhood of \$125,000 a year, depending on the benefits package."

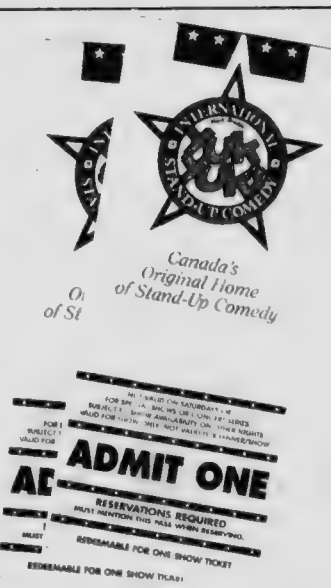
The interviewer said, "Well, what would you say to a package of 5-weeks vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every 2 years - say, a red Corvette?"

The Engineer sat up straight and said, "Wow! Are you kidding?"

And the interviewer replied, "Yeah, but you started it."

Got A Joke You Want To Share? Send it to us & you could WIN!

We'd love to hear your
joke and share it with
others so feel free to
mail, email or fax it
along. If we publish your
joke you win 2 FREE
tickets to Yuk Yuk's at the
Moose Bar & Grill!
This contest is on-going.
There is no deadline for
entries - so start sending
& keep sending!



New Owners Continue the Tradition of Country Rose

The "crew" at Country Rose in Haliburton have been working hard with interior renovations, but they are still open for business and hope you drop by to see all the changes.

One of the most recent change is in ownership. Haliburton residents, Joan and Art Ward purchased the business that was originally started by Brenda Ripley who recently passed away after her battle with cancer.

Joan and Art knew Brenda as a young girl and watched her growth in the business. They are very proud of what she accomplished and want to see it continue.

Joan and Art moved to the Haliburton area in 1967. For 30 years they owned and operated Wigamog Inn, which they sold in 1995 to their daughter and son-in-law Kimberly, and Chris Grossman. Kimberly and Chris have since sold the business but are kept very busy in broadcasting - they own the local Moose radio station out of Bancroft.

Joan herself has been busy over the past two years operating 'Antiques and Neat Stuff' located across the street from Country Rose. She felt she was up to the challenge of taking on Country Rose and is relying heavily on Country Rose staff members, Joanne Nichols who is the store manager, and Kim Pockett who is the green house co-ordinator. "They are terrific," says Joan. "They are very knowledgeable." Art loves gardening and experienced gained by supervising the planting at Wigamog Inn will be most helpful.

Jim Frost will also be working at County Rose offering his expertise in floral design. "Everyone who was working here before when Brenda owned it is still here," says Joan.

purchased all new garden products, sculptures and giftware for the store.

Over the next three months, new items will be delivered on an ongoing basis. Joan expects the store to be completely stocked by April. "We've ordered all the stock, but it takes a while for all of it to arrive. We get a bit at a time."

In the meantime, the store will feature some new products as well as items from Joan's Antique store. Once all new stock arrives, the two stores will carry completely different items. "The antique store will retain its personality and County Rose will have its own personality," says Joan.

"The Crew" are pictured l-r: Kim Pockett, Joan Ward, Bill Duncan, Shirley Kuni and Joanne Nichols.



Everyone at County Rose is excited about the new gift items. "I love buying," Joan exclaimed. "There were some excellent products we picked up at the show that we think people will really like." She adds, "it's nice to start from an empty store. The gift items will be fresh and new."

Country Rose will continue to offer a complete floral service as well as outdoor garden centre.

During the winter, Country Rose will be open 9 - 5 Monday to Saturday. During the summer, hours will be extended with Sunday openings from 10 - 4. You can reach Country Rose at 457-3774.

Be sure to drop in and see all the changes and say hi to the new owners and all the staff.

All New Gift Items Arriving!

While faces will be familiar, there will be some noticeable changes when you visit Country Rose. In addition to cosmetic changes, Joan and Joanne recently attended a large gift show in January where they



Main St. Minden
Across the Bridge
286-1424

email: thestoreroom@halhinet.on.ca



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Introductory Special

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New IGA Brings New Changes To Parking, Hours, Variety, and more!

Haliburton

The new IGA will be opening soon and in addition to more space, the new store will be offering in the neighbourhood of 15,000 more items for you to choose from.

"Our present variety is 19,000 to 20,000 items. We'll be going up to 30,000 to 35,000 in the new store," says IGA owner, Bob Park.

These items will have lots of room considering the size of the new store. To put it in perspective, the current location is 12,900 square feet. The new store is 25,000 square feet. Also new will be some faces. The expansion has meant more jobs for local people as Bob has increased the staff compliment by 35. "We're now up to about 110 staff," says Bob.

Once in the new building, it won't be long before something else increases – that is the parking.

Sometime around the end of April, the old building will be torn down to make way for additional parking. "There will be 124 parking spots in total. We have 50 right now," says Bob.

What else you ask? Well, in addition to increased and new services such as a salad bar, on site photo finishing, photo imaging cakes, an extended deli and hot counter for lunches, the hours will be something Haliburton is not accustomed to, especially during July and August. "We are going to open 24

hours a day during July and August," says Bob, adding, "the rest of the time we will be open every day from 8 a.m. to 9 p.m. – 7 days a week."

While visiting the new store, be sure to check out the surroundings. "We have a 60 ft mural painted on the wall depicting the four seasons of Haliburton County. It's something to see," says Bob.

Bob and his family, wife Wendy, and children, Julie and Brad are all excited about the new building. All four work at the store and are looking forward to the changes. "It's like moving into a new house, you're excited – it's all new," says Julie.

The Park family has come a long way in the grocery business – both Bob and Wendy have worked in this field since their teenage years and both actually met

while working at Steinburg's Grocery Store in Cederbrea Mall in Scarborough. "I was working in the deli and Bob worked in the pickle isle. He winked at me and that was it," says Wendy, adding, "I was around 15, he was around 17." After the normal dating ritual, the couple married and continued in the grocery business. After working their way up the ranks Bob decided it was time to own their own store and jumped at the chance to purchase the Wilberforce IGA when it became available. "We sold everything we had to buy that store," says Bob. "We rented a crazy little house in Wilberforce and just started working hard at the business," adds Wendy.

After 11 years, Bob and Wendy sold Wilberforce and bought the Haliburton IGA, which they have owned for the past three years. The expansion was inevitable, says Bob. "Haliburton is out-growing the current store – that's why the new building is happening."

Bob and Wendy estimate that approximately 600,000 to 700,000 people travel through the store in a year. "That's a lot of people and you make a lot of new friends," says Bob.

During the transition, Bob and the staff at the current location ask their customers to be patient with the move. "We are starting to let supplies deplete so that new supplies can arrive for the new location. We will also be completely closed for a couple days prior to the opening of the new store."

Be sure to stop in a check out all the changes – some of which haven't been mentioned here because, well – there are just so many we're sure we forgot a couple!



IGA owners, Bob, Wendy, Julie & Brad

"I was working in the deli, Bob in the Pickle isle - he winked at me and that was it... I was 15, he was 17 ...

Wendy Park

Minden



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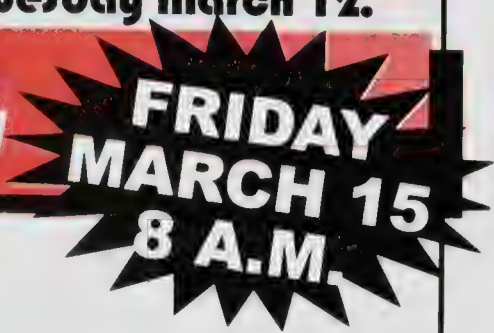
HALIBURTON

**GARDEN
MARKET IGA**

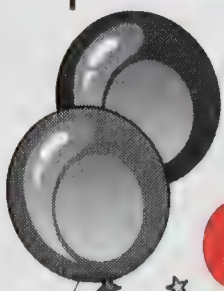


The Existing IGA is Closing at 6 p.m. Tuesday March 12.

GRAND OPENING



**FRIDAY
MARCH 15
8 A.M.**



**GRAND
OPENING
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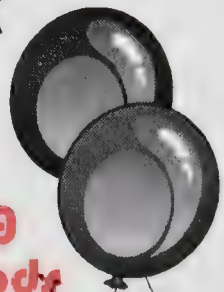
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HALIBURTON HIGHLAND ST

Tai Chi Suitable For All Ages, Mobility & Abilities

Want to increase your flexibility, balance, co-ordination and muscle strength. Why not 'Try It' – Tai Chi that is and it's available for anyone interested starting April 3rd.

The classes will be held at the Hyland Crest Auditorium / Minden Hospital every Wednesday from noon to 1 p.m. The first class is FREE to try and if you like it you pay only \$20 for the next 11 weeks or \$10 for six weeks of classes. All the money received from the classes is being donated to local charity.

The classes are being taught by Logie McDonald who is a qualified Taoist Tai Chi instructor. Logie is volunteering her time and skills as part of the Haliburton Diabetes Prevention / Heart Health project – a local health unit initiative to get 'older adults' involved in activities. (See story pg. 6)

In addition to increasing your flexibility, balance, coordination and muscle strength, Tai Chi increases your energy, and makes you feel, well – great.

What's great about this program is that it is suitable for all ages, mobility and abilities. Movements can be performed from a chair.

To register or for more information you can contact Logie at 457-5263. Subsidies for this program are available for those who need assistance.

TRY IT

Dumb Criminals



Gun Closet

A criminal broke into a guy's house and shoved the old man into a closet.

Unfortunately, he shoved him into the closet that held the man's gun collection.

Last heard, the criminal was in critical condition.

Sleepy Time

A criminal who broke into a couple's house started to take the TV, but instead he turned it on and began to watch. He supposedly liked the program that was on and laid down on the bed. Since it was at night he was tired and fell asleep.

So when the couple came home the next day they found him and called the police.

You Can Run but...

A man robs a motel late at night and then proceeds to run into the nearby woods. The clerk called the police and upon arriving they started to search the woods. Since it was pitch black that night they figured they would never catch the perpetrator until one of them noticed flashing red lights.

The robber was wearing a pair of sneakers that have the flashing lights when he steps.

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**FREE
ACTIVITIES!**

TRY IT

Join us for a day of FREE fun filled activities and events to celebrate the launch of a new and exciting health promotion program for Haliburton County

SATURDAY MARCH 23, 2002

Drop in between 10:00 a.m. and 4:00 p.m.
Haliburton Highlands Health Services
Hyland Crest Auditorium, Minden

**SOMETHING
FOR
EVERYONE**

10 A.M.

Free Coffee
& Healthy Snacks
Wake up & Boogie with the
Haliburton Dance Artists

11:00 A.M.

Children's Activities organized by
Archie Stouffer School Council

11:30 A.M.

Cooking Demonstration with
a Registered Dietitian

NOON

Move to the Groove!
"Fit over Fifty" fitness demonstration

1:00 P.M.

Join local dignitaries to launch this
great new community project

2:00 P.M.

Tai Chi Demonstration with Logie Macdonald
More Refreshments

3:00 P.M.

Youth Group Demonstration
of climbing, kayaking and hackey sac

4:00 P.M.

Free Draw Prizes... Everyone's entered!

ALL DAY

See, talk and learn from displays and
demonstrations by health professionals
and community partner groups

For further information call
Diabetes Prevention at 286-2140 ext 242
or Heart Health at 457-1391 ext 288

Over 50? - This Activity Is For You!

Over 50? Want to get involved in a physical activity designed for your age group? Well then, just "Try It" every Monday and Friday from 12:10 - 12:55 at the Haliburton Dance Arts Studio on George St. in Haliburton.

The classes are being held by Terri Mathews in conjunction with the Haliburton Diabetes Prevention / Heart Health initiative to get "older adults" active.

"It's a general exercise and muscle toning program for all levels ... you can do the exercises from a chair or standing," says Terri. "The are arthritis friendly - and geared to all levels."

The cost of the program is \$40 per month for 2 classes per week, or \$8.00 per class. Subsidies are available for those who require assistance with the fees.

To become involved in this activity or for more information you can contact Terri Mathews at 457-1561.

Aqua-Fit Program Starting

What to get fit? Why not just "Try It" in a pool and join in the fun with the new Aqua-fit classes being held at the Wigamog Inn.

The classes got underway on February 26, but it's not too late to join in the fun. The program is being run by Aileen Bruce through the new Haliburton Diabetes Prevention / Heart Health program aimed at providing healthy activities for adults '40 something' and older.

The aqua classes are held every Tuesday from 6 - 7 p.m. The first three classes are free and then a \$5.00 charge applies to help cover the costs of the use of the pool.

If you require further information, you may contact Aileen Bruce at 457-2275.

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22nd annual Bowl For Kid's Sake!
Pledge form
on site!

DVD'S

Free Eye Screening Testing Made Possible Thanks To Lions

Eighty percent of what children learn comes from their eyes and vision. This is why many concerned feel it is important to detect vision problems before they affect a child's performance in school. Alarming is the fact that estimates say 1 in 6 children have a vision problem.

The Haliburton Lions Club in conjunction with 54 other Lions Clubs throughout their district have purchased a machine worth in the neighbourhood of \$10,000 to assist with early detection of abnormalities in children's vision – a test that is offered free for area children.

Because it was purchased collectively by a number of clubs, we in this area only have it for a brief period. The first of the free screenings for children was held on Saturday, January 26. "There were actually three cases that we have referred to the optometrist," says Club President David Mills.

However, if you missed this session don't worry, "we're planning another for the summer and one sooner in the Wilberforce area," adds David.

The screening is just that, a screening and not a complete eye examination. It is designed to identify children who have trouble seeing things at a distance, up close, or who have difficulty making both eyes work together. "The vision screening does not replace a complete eye exam," David explains.

Actually, the Ontario Association of Optometrists recommends that every child have his or her first eye exam by age of 6 months, and again at the age of three. Annual eye examinations are recommended for school

Above: Madeleine Bailey, 4 of Haliburton, participates in a second of three tests that are performed.



HEALTH



aged children. David said there was a time that eye tests were performed in the schools, "but that doesn't seem to happen anymore," he said, adding, "the lions would love to be able to offer this in the school. We'll have to see what can be done."

The recent Lions Club's series of three eye-screening tests was geared for children age 3 - 9 and takes only a few minutes to complete. While this one is over, remember to keep a close watch out for any upcoming sessions, and be sure to bring any young children in for a quick check. It's well worth the time and remember – it's free, so why not!

It's Fun Too!

Tyler Baux, 3 of Haliburton didn't mind having his eyes checked at all by Betty Mills of the Haliburton Lions Club.

A typical American eats 28
pigs in his/her lifetime.



During your lifetime you
will eat 60,000 pounds of
food - the weight of six elephants.

By age sixty, most people have lost half of their
taste buds.

If your mouth were completely dry, you wouldn't
be able to taste anything.

In a lifetime, we replace our skin approximately
1000 times.

Just a moderate sunburn can cause such damage
to the blood vessels that it takes three to ten
months for them to return to their normal
condition.

Ketchup was once used as a medicine in the
United States. In the 1830's it was sold as Dr.
Miles Compound Extract of Tomato.

Laughter is a proven way to lose weight.

Melting an ice cube in your mouth burns 3
calories.

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Massage is just one of the many services offered at the Spa!



"Bring your bathing suit along and after you are done in the spa, off you go – enjoy the pool, sauna, hot tub for as long as you want," says Spa Manager, Sylvia Holland.

The spa has been operating out of Pinestone for the past three years. "At first it offered a limited spa menu, but now we are keeping up to date with all the technology and techniques," explains Sylvia.

Sylvia has taken extensive courses over the past 10 years in a variety of services related to spa treatments and was working out of her house for many years prior to working at the Pinestone. "I saw potential here for a full service spa," she says. "We use to set up in a conference room – we never had a dedicated space for the spa services, but over the past two years we've had the same spot and have been able to focus on expanding our services."

It's Not Just For Women!!

Spa services are not just for women. Actually a lot of men are finding out just how wonderful these services are and in fact, Whispering Pines spa offers services "just for him". The services to choose from include a relaxing facial, aromatherapy facial massage, manicures, pedicures, and let's not forget the different massage services – whether it be the popular aqua-massage, relaxation massage or even the Swedish massage.

"Men have the same amount of stress and maybe sometimes more than women have. Men tend to neglect themselves of this service – they think it is a feminine thing, but it's not," says spa practitioner, Brenda Coty. "In today's market, men have to look top notch too," Sylvia adds. In addition, the massage services are great for those aches and pains caused from labour intense jobs that many men face every day.

"One of the main benefits of our services is to release the tension in the body of that everyday stress," says Sylvia. "Any one of the services we offer are soothing. We are trying to

Why Not Pamper Yourself ?

Why not treat yourself to some of the luxuries of life offered right here close to home – and they are luxuries available to both men and women.

Located at the beautiful Delta Pinestone Resort, Whispering Pines Day Spa is open to both guests of the resort and the public. The services offered at the spa include Relaxation massage, aromatherapy, Swedish massage, reflexology, Reiki, manicures, pedicures, paraffin wax treatments, body wraps, mud baths, body scrubs, facials, body waxing and more. You can pick and choose the services you want and the spa staff will put together a visit that best suits your needs. Whether you want to come just once or on a regular basis, you owe it to yourself to try it out.

Visitors of the Spa get to enjoy Pinestone's indoor pool, hot tub & sauna free!

An added bonus is the location of the Spa. Located in a room within the resort, spa guests are invited to enjoy some of the extras that Pinestone has to offer – namely the indoor heated pool, workout equipment, hot tub, and sauna.

This Is A Must Do!



The Whispering Pines Day Spa offers a unique service that is a must try. The aqua-massage is a fantastic machine that automatically massages your entire body while you lie comfortably in the machine. You remain fully clothed and dry as a waterproof sheet conforms to the user, allowing a full surface massage on three sides of your body. The user controls the water pressure, pulse rate and travel speed of the 36 pulsating accupressure jets.

The aqua-massage promotes health and fitness by increasing circulation and relaxing muscle spasms. It revives sore, aching muscles, promotes healing, relieves pain and tension, reduces stress and provides the benefits of three modalities – dry hydro-therapy, dry heat therapy and massage. There is no direct contact with water, chemicals or other individuals.

You can enjoy an aqua-massage for as low as \$20.

Spa Offers Full Range of Services

... from pg. 24

create an experience here. We want people to remember the whole experience and from the time you walk in the door – the experience begins.”

Sylvia says that experience comes from the excellent teamwork that she, Brenda Coty and practitioner, Diana Kuna share. All three are fully trained in the various fields that will make your visit both relaxing and memorable.

The services are offered by appointment only during the week and during special holidays and March break, the spa is open every day. During the summertime, the spa is open 7 days a week.

When not working at Pinestone, Sylvia operates “Wind in the Willows” day spa and acupuncture clinic from her home located on Kashagwigmog Lake Road just past Wigamog Inn. Her services here are also offered to guests of the Wigamog Inn.

Her spa is located in the home where her husband Doug Holland was born and raised. “Doug’s family was part of the first settlers on Kashagwigmog Lake back in the late 1800’s,” says Sylvia.

In addition to some of the services offered at the Pinestone spa location, Sylvia also offers a heated stone massage and acupuncture services (both laser and needle), iridology, cranio-sacral therapy, and a few other services at Wind in the Willows that are not currently available at Pinestone.

Sylvia is also currently expanding her studies into Bio-energetic medicine which will help people suffering from a variety of disorders or illness such as limes disease, chronic fatigue, osteo arthritis, degenerative disc disease, Multiple Sclerosis, allergies, fiber-myalgia, lupus, and rheumatoid arthritis to mention a few. Sylvia also teaches reflexology and relaxation massage.

Prices for the services offered by both Whispering Pines Day

Spa and Wind in the Willows Day Spa range from \$10 and up depending on the specific service you require. Massage ranges from \$20 for the “must try” aqua massage



Sylvia Holland is pictured above. At right, Brenda Coty prepares a facial treatment. At left, Sylvia performs the heated stone massage.

to \$60 for a Swedish massage. The cost of a regular massage is \$45 per ½ hour.

If you want a gift idea that’s a little different, you can buy that someone special a gift certificate to use at the spa anyway they see fit.

Whether you visit frequently, or just try it out once, everyone deserves to pamper themselves and what better way than a visit to the spa. Give it a try – you will feel fantastic and you’ll be glad you did!

To reach Whispering Pines Day Spa at the Delta Pinestone Resort you may call 457-1800 extension 4200. To reach Wind in the Willows Day Spa and Clinic you may call 457-1838.

**WIN
a FREE
Aqua-massage
& Heated
Stone
Massage
for two !
See pg. 33
for details!**

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Dave Frewing Heating & Duct Cleaning



When it comes to your heating & cooling needs, experience means a lot in saving time, money and headaches. Experience and quality service is what you will receive if you call Dave Frewing Heating / Air Conditioning & Duct Cleaning. Dave has over 30 years experience in the field - he started at a young age by chance and liked it so much he stuck with it.

"I married the boss's daughter," Dave says. "I worked for her father for quite some time. We were all young at the time and the money was really good so I stuck with it."

His love of the business paid off when he formed his own company 25 years ago. As of 13 years ago, the Haliburton area welcomed a new resident and new business to the area when Dave moved to this area.



When it comes to heating service, Dave can help you. He offers high efficiency oil & propane furnaces, combination wood / electric furnaces or straight electric heat sources. He is also experienced in the field of air conditioning, HRV and central vacuum and offers these installation services.

He also offers duct cleaning that Dave says is a vital service. "Having your duct cleaned is a healthy practice." He explains, "a lot of people have dogs or pets; kids put things in the ducts; - this can cause problems. That's what started Legionnaires disease in Florida in the '70s - dirty ducts!"

Dave operates year round and usually is accompanied by fellow worker Kevin Crofts who is the brother of his new wife, Cathy. Dave and Cathy reside on Red Stone Lake near Kennisis and they own a shop/home in Tory Hill. The couple has two 14-year-old twins, Erin & Jennifer. "I call them Cricket & Trouble," chuckles Dave.

If you have any questions or require Dave's services, you can reach him at either 754-1889 or 448-2104.

Cordell Carpet All Moved In



Pictured here is the owner Brad Sales with employees Mary McKee & Linda Hammond.

After 11 years at it's location on Highland St., Cordell Carpet has moved and is now located on York St. in Haliburton. Brad Sales, owner of Cordell says in addition to the change of location, you will also see a change in hours. "We opening earlier in the morning so that contractors can pick items up before heading off to the job site," Cordell's hours are now 8 a.m. - 5:30 p.m. Mon. - Fri.

Although the new location is a little smaller then their previous location, the business is still carrying all the same items as before. In addition to their Benjamin line of paints, Cordell Carpets offers carpeting (of course), area rugs, wallpaper and draperies.

Brad has been in this business for 25 years and originally opened his business in 1976. "I was an installer for three years then I saw a need for a decorating store in town so I opened one," he says. Over that time business has steadily grown. "It's never been as good as now," he says. "My staff are terrific."

When you visit you will be greeted by long time staff member, Mary McKee who has been with Cordell for the past 6 years or Linda Hammond who is a qualified interior designer. Cordell also has two installation crews.

You can reach Cordell Carpet at 457-2022.

HOT TIPS

To sharpen scissors, fold a piece of aluminum foil three times, then cut through it several times with your scissors.

To remove broken light bulbs with ease, put switch into off position, then push a raw potato or soft bar of soap into the jagged edges of glass and use as handle to unscrew it safely and easily.

When painting ceilings, cut a child's rubber ball in half and put your paintbrush in one of the halves to catch the drips.

If your kids are begging for a dog, have them walk the neighbours dog for a month first.

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Grab a Map and Check Out 'The GREEN Tour'

*"They are all environmentally friendly businesses
... it's a fun tour to take..."*

If you are looking for something a little different to do, why not take part in the Haliburton County Green Tour being launched this March.

What is the Green Tour? Well, it's a tour that you can take at your own leisure any time, that guides you to a variety of businesses within the county that have an environmentally friendly feature to them. Whether you are heavily into the environmental aspect or not, the businesses on the tour are unique and interesting and offer a range of services and products – something for everyone!

The new map that will be distributed in key locations throughout the county shows exactly where the participating businesses are located on one side, and on the other, there is a small write up on what each business is, what they offer and how to reach them.

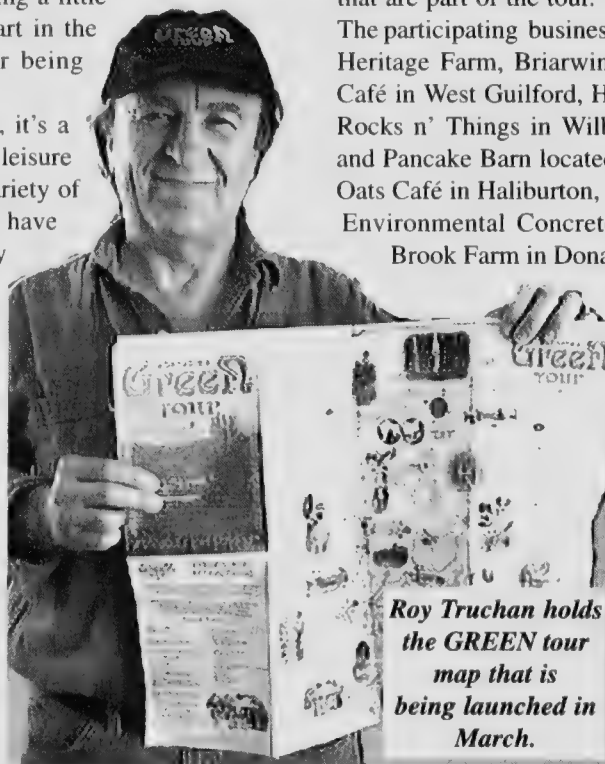
"They are all environmentally friendly based businesses. They all have a positive impact on ecology," says Green Tour project organizer, Roy Truchan. "We are trying to put a focus

on this market because there is an increasing interest in this type of business." He adds, "I think it will be a fun tour for anyone to take. There are some very interesting businesses that are part of the tour."

The participating businesses are: Risk's Haliburton Highlands Heritage Farm, Briarwinds Farm in Ingoldsby, The Corner Café in West Guilford, Haliburton Forest & Wildlife Centre, Rocks n' Things in Wilberforce, Wintergreen Maple Syrup and Pancake Barn located between Lochlin and Gelert, Wild Oats Café in Haliburton, The Pump Shop in Haliburton, ECS Environmental Concrete Systems near Donald, Waverley

Brook Farm in Donald, Wild Swan Bed & Breakfast Inn

in Minden, Angew's General Store in Wilberforce, Minden County Museum, Sir Sandford Fleming College, Limberlost Ltd. in Minden, Sophia's Fashion n' Flowers near Camarvon, Windy Ridge Studio east of Haliburton, Rainbow Therapies Holistic Health and Day Spa in West Guilford, Masters Book Store in Haliburton, Sunny Rock Bed & Breakfast on Scotts Dam Rd. Custom Ice Art Studio in Minden, the Haliburton Highlands Outdoors Association, Bowes & Cocks in Haliburton, and Nightingales, located in the



**Roy Truchan holds
the GREEN tour
map that is
being launched in
March.**

Kinmount area.

The Alternative and Green Project began 3 ½ years ago by Roy and his wife Tilda of Haliburton who both have strong backgrounds in marketing and community development. The couple also produce the popular 'Where it's Art' brochures, and the Haliburton Highlands 'Arts On' Cultural Events Guide.

The Green Tour project consisted of a three phases – first consisting of research – second developing a resource guide available free to anyone interested in learning how to be a business that is environmentally friendly; and finally, the publishing and distribution of the Green Tour brochure/map, so that residents and tourists can find existing businesses in the area that fall into this category.

"We wanted to create a vehicle that helps promote the green aspect and we feel this tour will not only promote the businesses but will give people something different to do and enjoy."

The project is sponsored by the Haliburton County Community Co-operative Inc. (the participants), with funding support from Human Resources Development Canada and the Haliburton County Development Corporation.

If you require any information or will like a copy of either the resource guide or Green Tour map you may contact Roy or Tilda at 457-1064. Or email them at truchan@halhinet.on.ca. The couple is also planning to provide the Green Tour on line via a new website that is currently under development.



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Believe It Or Not!

It's 'E'asy!

Study this paragraph and all things in it. What is vitally wrong with it? Actually, nothing in it is wrong, but you must admit that it is most unusual. Don't just zip through it quickly, but study it scrupulously. With luck you should spot what is so particular about it and all words found in it. Can you say what it is? Tax your brains and try again. Don't miss a word or a symbol. It isn't all that difficult...?
Answer: The paragraph does not contain an E, it does contain all of the other letters though.

What Was That?

Someone on Earth reports seeing a UFO every three minutes.

Hold the Anchovies!

Americans on average eat 18 acres of pizza everyday.

Plain Will Do!

In Australia, the number 1 topping for pizza is eggs. In Chile, the favorite topping is mussels and clams. In the United States & Canada, it's pepperoni. In Japan, it's common for diners to choose toppings such as squid on their pizza.

What Can We Say...?

Bernard Clemmens of London managed to sustain a fart for an officially recorded time of 2 minutes and 42 seconds.

Gabba Gabba Hey!

On average, a man will only speak 2000 words over the course of a day while a woman will speak 7000 words in the same amount of time.

Grandma... why didn't you buy?

A single share of Coca-Cola stock, purchased in 1919, when the company went public, would have been worth \$92,500 in 1997.

Timber!!!

It takes about 63,000 trees to make the newsprint for the average Sunday edition of The New York Times. (We, being only once a month & magazine size - hardly dent the forest!)

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Dining and Entertainment



It's Very Happening At the Moose Bar & Grill

If you want to dine in a relaxed atmosphere - or maybe take in a game of pool or darts - or even catch the big game on the big screen - then head on down to the Moose Bar & Grill located just outside Haliburton on the North Kashagawigamog Road beside the Wigamog Inn.

The restaurant is actually owned and operated by the Wigamog Inn, and while many guests of the Inn enjoy what the Moose has to offer, they would like local residents to come on out and share in the good food, good atmosphere and good fun. "We are trying to attract more local people," says

Wigamog Inn Keeper, Maria Micallef. "We are really trying to change our image and create a new atmosphere. We want it to be a site of entertainment for the local people in the area."

Not only is the Moose catering to locals - but throughout this year you will be seeing changes in the menu, entertainment & look of the Moose. "We have a lot of plans for this place," says Assistant Food & Beverage Manager, Chris Andrus. Chris has been with the Moose & Wigamog for over 7 years and says he's always felt the Moose had a lot to offer and a lot of potential to be a fun spot for all.

Maria says they are really hoping,

with upcoming attractions, to appeal to the mid 20's - 40's crowd. "This age group really needs a place to come and relax and enjoy an evening out - so we are really trying to bring in entertainment that will appeal to these people and give them a spot to enjoy themselves,"

says Maria.

With this in mind, the Moose is offering a great line-up of entertainment - some already scheduled and more in the works - that is sure to please everyone!

If you want to get out and enjoy some dancing - then head on out to the Moose every Saturday evening this summer and dance to the sounds of

popular DJ, Paul Wilson. On occasion Paul will be joined by guest DJ, Tim Weston of Rock 95 during the Moose special Rock 95 dance presentations.

"There is a lot of talent in Haliburton County and right now you will be able to see it at the Moose! Every Saturday the Moose features live entertainment showcasing local talent. "We have some lined up, but we are always looking for more," says Maria. Some upcoming entertainment include performances by the band 'Minor Detail'; an acoustic evening with Mike Morrison; and staff favorite, Jamie Williams - a one-man band. "He's amazing," says Maria. "All our entertainment is fantastic. Our bands play music that everyone can enjoy - you can sing along, dance but still be able to hear yourself speak."

Moose cont'd ... pg. 32 ...

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*see pg. 33 for
details!*



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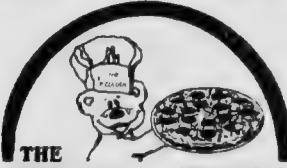
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or fax: (705) 448-1995

or email: highlandscommunicator@hotmail.com

Check Out This Great Line-up Of Local Entertainment In Minden March 2nd!

Want to hear some great live music? Then you must attend "The Cause" a concert for local bands being held at the Minden Arena on Saturday March 2.

The doors open at 5:30 and tickets are \$5 in advance or \$7 at the door.

IF you purchase a ticket you will be entertained that evening by an array of local talent including performances by local bands: Neo Cortex, The Dirty Bird Dancers, Were Do WE Park?, Phat Q. Slipknot Tribute, Skin Cradle, and The Matter.

This is an all ages event. Food and drinks are available and it is licensed. You may purchase tickets at Bwana Johns in Haliburton or the Minden Book and Stationary store. For more information you can call 457-1627, 286-4005 or (evenings only - 457-9636).

Be sure to support our local talent and come out for an evening of fun.

Fun At The Legion!

Margaret Rogers of Minden takes careful aim during the dart tournament held at the Haliburton Legion during Winterfest. Watching are Tony Penick, Jack Briggs & Bill Stewart. Margaret shot a 180!



R.J. Austin of Haliburton was one of the many participants of the open pool session held at the Haliburton Legion during Winterfest. Friendly pool tournaments are held on Fridays from 3 - 7 p.m.

Yuk Yuk's All Part of the Up-coming Entertainment

... from pg. 30

**Jamie Williams - the one
man band - featured
March 13th!**

If you like comedy then the Moose is definitely a place you will want to be every Friday evening from June 21st to August 30th. The Moose will be presenting Yuk Yuk's Comedy Night where you will be entertained by two new comedians – each Friday – for a mere \$5 entrance fee.

Lots Happening at the Moose During March Break...

Although Yuk Yuk's does not start on a regular basis until June, there will be special presentations such as the upcoming March Break show on the 12th and 15th.

"We will be open all week during March Break, and we have lots planned for that time," says Chris.

On March 10th there will be Karaoke with Rock 'n Roll Rob and on March 13th, Jamie Williams will be performing live.

As for the food at the Moose –



they offer a must-try Caesar salad with homemade croutons and real bacon bits; very tasty burgers; 35 cent wings, and a to-die-for Fahaita special - just to mention a bit. If you want Pizza - you got it - pizza by the slice or whole. "The pizza we make is all fresh ingredients with a blend of tangy - zesty sauces. The crust has garlic butter on it for extra flavour," explains Chris.

If you want to get out and have a drink or two, the Moose boosts as having "the best shooter bar in town." Chris explains, "we carry a lot of items that a lot of bars don't. We have a full bar with a large variety. We carry 9 different kinds of scotch and a lot of liquors that you don't see often." Those special liquors when combined can add up to some pretty interesting shooters – and the Moose offers a large selection of some you've tried and maybe even some you haven't.

The bar also carries over 20 varieties of beers and offers 4 different kinds on tap in the winter and 6 on tap in the summer months.

Right now, during the off season, the Moose Bar & Grill is open from Friday from 6 p.m. – close, Saturday from noon to close and Sunday noon to 4 p.m. During the summer months, the Moose will be open 7 days a week from noon to closing. The Moose offers a child friendly lunch atmosphere and is a fun place for the whole family. Late evening events are usually age of majority only.

The Moose has a large outdoor patio for summer enjoyment. Whether you choose to sit indoors or on the patio the Moose offers a fantastic scenery all year round with a spectacular view of Kasagawigamog Lake.

Inside, the Moose has a seating capacity of approximately 250 – so feel free to bring along some friends and plan to have a good evening out at the Moose. Keep an eye on the Communicator as we will publish all the up-coming "happenings" at the Moose and keep your eye on the Moose for more surprises - Chris states, "We are really going to do some great things here – We're quite excited!"

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Maple St. (next to Jug City) Haliburton

Pictured top right - Chris Andrus pours a special cocktail
Left: Aaron Hindman prepares a tasty lunch.

Glass Tiger Member Performs At Sir Sam's

Crowds of skiers and snowboarders were treated to first rate entertainment as special guest, Paul Stevens of Glass Tiger fame played at Sir Sam's Ski Hill in February.

Paul, who hails from Toronto, loves the Haliburton area and says he will be planning a return visit, so if you missed him this time, there will be more opportunities to see him perform live in the near future.

Paul stumbled across this area through a friend who was hired to perform at Sir Sam's Inn. "He couldn't make it so I filled in, and I've been coming up ever since," says Paul.

Appearing as a solo act is just one of the many ways one can see Paul in action. For the past three years, he has been active

*Paul Stevens
recently
performed
solo for
visitors at Sir
Sam's Ski
Hill.*



with the popular Canadian band, Glass Tiger as guitarist and back up vocalist.

Paul landed the position after meeting Glass Tiger founding member, Alan Frew through a friend.

"Alan was in the process of recording a solo album and needed a band for that project," says Paul. "I worked with him on that album and afterwards, Glass Tiger had a tour coming up—they needed

a guitar player and singer – I played guitar and can sing, so they asked me to join. It all worked out great." That solo project was for the album 'Wonderland' by Alan Frew, released in 2000.

More recently, Paul and Alan traveled to Germany to promote a new song Alan wrote for the World Hockey Association, and as performers to help a children's charity association in Germany.

When not performing with Glass Tiger, Paul works with his original band called Aleah D'Kos. "We have a lot of shows lined up – we play a lot in Toronto. It keeps me busy," says Paul.

Despite his busy schedule, Paul says he will always try to find room for Haliburton and says he could be back as early as springtime.

"It's gorgeous up here," he says, "I always have a great time when I visit and I love coming up here in the summer and winter. I really love the people. I hope to be back soon."

The Communicator will try to let our readers know when he is scheduled to appear at Sir Sam's Ski Hill again.

Win a 'Pamper Yourself Package' Worth over \$600!

In this issue we have done features on three different businesses that cater to the leisure end of life. All three have generously donated a fantastic prize each that we are bundling together as a special 'Pamper Yourself' package. To win all you must do is read the three features and answer two questions below from each story.

The Prize Package includes:

1 Night for two stay at the Wigamog Inn complete with Dinner for Two, & 2 Tickets to an up-coming Yuk Yuk's comedy performance at the Moose Bar & Grill

plus

1 Free Aqua-Massage session for two at Delta Pinestone's Whispering Pines Spa

plus

1 Heated Stone Massage for two from Sylvia Holland's 'Wind in the Willows' spa.

plus

A one week soft-tub rental FREE from the Pump Shop in Haliburton.

Here are your questions: Good Luck To All!

The Pump Shop feature - pgs. 3 & 8:

- 1: What brand of hot tubs do they carry?**
- 2: What year did the Pump Shop get it's name?**

The Moose Bar & Grill feature pgs 30 & 32:

- 1: How many people can the Moose seat?**
- 2: Whose the staff 's favorite entertainer?**

The Spa Feature pgs. 24 & 25:

- 1: What is Sylvia currently studying?**
- 2: What are the 3 locations that Sylvia's services are offered?**

Write your answers to these questions down and get them to the Communicator by March 13th.

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or drop off at H&R Block office in Haliburton

note: some restrictions apply to prizes. (but not many) Winner will be notified.

Highlights from the Haliburton Highlands County-wide Winterfest



Haliburton & Minden held various fun events for all at their annual winterfests held in February. Top left: Vince Duchene, Broker for Remax, loads some kids up for a balloon ride; right: a hill was groomed for tobogganing fun; below: snow horseshoes was enjoyed by Mike Smith with kids Dylan & Makenna; bottom right: there was everything from balloon rides to sleigh rides in Haliburton; Middle pic: over in Minden crowds enjoyed the ice races - pictured is local contestant, Tom Prentice; and bottom left, Laurie Leblanc enjoys some snow volleyball in Haliburton.



Youths...Come Out And Have A Rockin' Time !



Members of the youth bowling league in Minden cheer on their teammate pictured right, Sarah Austen. Cheering are, left to right: Lesley Cox, Emily Austen, McKye Shaw, Mike Fisher and Kevin Mintz. The youth's bowl every Saturday from September to April



With a lot of coverage on the 2002 Winter Olympics – we must mention the “Special Olympics” activities that are happening right here in our own backyard – the members of the special Olympic bowling team that play every Saturday at the County Bowling Centre in Minden.

This team is comprised of 10 very special people who while faced with a challenge, are overcoming the odds and participating in this sport for fun – confidence – and the chance to live a normal life.

Jim Mickle has been working with our local chapter of the special Olympic team four years now. “Then we started with 8 people and at that time only three were living on their own. This gives them confidence to go anywhere – it gives them self-esteem. Now they all pretty much live on their own,” says Jim

Every four years, like the regular Olympics, there is a

SPORTS

Youth League Bowling Every Saturday Rock N Bowl Every Friday Night!

Every Saturday from 9:30 to 1:00, the County Bowling Centre in Minden is filled with the excitement of young people cheering on their fellow teammates during youth bowling.

This year there are 47 participants in the league that not only take part in home inter-league games, but also compete in special tournaments with 7 other centres in Ontario – 2 from Peterborough, and one from Fenelon Falls, Bobcaygeon, Lindsay, Millbrook and Lakefield.

The league runs from September to April – so it's too late for any new participants, but if you want to give bowling a try you should head on out any Friday evening year round from 7 – 10 p.m. for the exciting Rock n Bowl. “The kids just love this. We play music and they bowl. It's a lot of fun,” says owner, Michelle Moore. The cost to participate is \$7.50, which includes three games of bowling and the bowling shoe rental.



Training For Special Olympics

Pictured left to right are special olympic participants, left to right: Robin Fletcher, John Goff, Dave Irwin, Andrea Austin, Ross Anderson, Larry Watt, Dale Jarvis and Marianne Stammers. Absent from photo is Jerry Corby and Chris Strype.

huge “Special Olympics” that sees competitors from all over the world. Right now, none of our participants are at the level yet to compete in the world event, but the purpose of their Saturday get-togethers is for practice. “You have to have a pretty high score to compete in the big Olympics,” says Jim. “But who knows? Some of our players are pretty good and maybe someday they can.” Jim adds, “it's all about having fun, and getting out. This program allows them to get out and do the things we all do. It's a fantastic program and I have a great time being part of it.”

The Special Olympic program can be expanded upon, based on volunteers. “In some centres they offer other programs such as floor hockey, baseball, swimming.... It all depends on volunteers to run the programs,” says Jim.

If you would like to become involved or require further info. about the program, you may contact Jim at 489-1470.

Bowl for Big Brothers

*Prize Donations Would Really
Help This Worthy Cause - Please
Help If You Can!*

In an effort to raise awareness of the Big Brothers Big Sisters program in Haliburton County, our area is proud to be hosts of the 22nd annual "Bowl For Kids Sake" event scheduled for Sunday March 3 at both the Minden & Carnarvon Bowling centres.

The Bowl For Kids Sake event involves teams of bowlers collecting pledges in support of Big Brothers and Big Sisters, then enjoying 1.5 hours of bowling and fun on the day of the event. Approximately 3 shifts of bowlers are scheduled during the event. Spot prizes are awarded to each shift of bowlers as a way of thanking them for their support and participation.

Prizes are in need so if you operate a business or would like

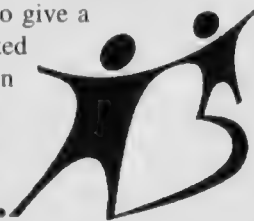
Local's Fair Well at Snowboard Competition



Pictured are three lucky snowboard competitors who recently placed in the top of their class at Sir Sam's Feb. 2 Snowboard competition. Front: Brad Gauley of Minden (1st - 16+ men's expert). Back: James Allison of Minden (1st - 0-12 class) and Andrea Fenninger cottager in Eagle Lake (1st - female expert class)

SPORTS

to donate a prize you may contact Carol at Big Brothers and Big Sisters at 457-1311. You will need to have them to Carol by the 3rd of March. Your contribution is greatly appreciated, whether you are able to give a store item, gift certificate, hand crafted treasure, or the donation of your own service and time. All contributions will be recognized and acknowledged on the day of the event as well as in local papers following the event.



Big Brothers and Big Sisters of Victoria-Haliburton have just recently hired two new case co-ordinators, Karen Phipps and Patti Lou Robinson, to promote the program in Haliburton.

All the efforts made through fund-raising activities such as Bowl For Kids Sake, will stay in our community to finance these programs.

New Snowboard Event Taking Place at Sir Sam's Open to Amateurs of All Ages!

'West 49' Slopestyle Event - March 9

Get out your snowboards and get ready for some excitement at Sir Sam's in Eagle Lake on March 9th for the first ever Slopestyle event.

If you like rails & jumps then you will enjoy this competition open to amateurs of all ages. "We're very excited about this event," says J.D. Bishop of Sir Sam's. "We want this to be the first of many and we are sure it will be."

The event is run by West 49, which is a well-known board shop franchise. In addition to judging the competition, the franchise is offering up some pretty special prizes. The cost to enter is \$10. There will be judging and prizes awarded in two age categories, 16 & under, and over 17.

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Volunteer Watch

Volunteer opportunities through Big Brothers/Big Sisters - Big Bunches

Our local agency depends on volunteers to assist with the running of the organization through work on the Board of Directors or its committees. Our agency also offers the Big Bunch program, which matches two or more volunteers to a group of children on the agency's waiting list. This "Bunch" gets together for activities on a bi-monthly or monthly basis.

The In-School Mentoring program is a new program. It involves matching a volunteer to a child at risk of dropping out of school. The pair meet in the school for 1 hour a week. This is a partnership program between Big Brothers and Big Sisters, local business and Boards of Education.

Big Brothers and Big Sisters is an organization dedicated to helping in the development of children growing up in primarily lone-parent families. Help out if you can and become part of this great organization. Call Karen Phipps at 457-1311

Smoke Free Campaign Volunteers Needed

The Kawartha - Haliburton - Pine Ridge District Health Unit is looking for volunteers who would like to help with the Smoke Free campaign for Haliburton County. Anyone interested in helping the health unit with this campaign is asked to contact Anne Marie Cyr at 457-1391.

Volunteer Reporters/Photographers

Be part of the Communicator Team. Let everyone know what's going on in your town. If you know of good news - a local hero - etc... give us a call at 448-1847. If you happened to be at an event and got a great pic - please forward it along to us with your name (to credit your picture) along with a description of what the picture is of. Email, or mail to the Communicator and Be Part of the Team!

Urban Legends

Urban Legends are presumably true stories of events that have happened to a friend of a friend. They are at times bizarre, hilarious, and sometimes terrifying. Some you may have heard yourself, told by someone who knows someone involved in the story. They are usually told by credible persons narrating them in a believable style because they do believe them. However, usually the incidents that happen go one step too far to be believable. Are they true or fiction? .. You make up your mind when you read them here in this column.

THE DENTAL DEATH

Apparently it is a standard joke at certain dental schools that if a patient should die in the dental chair, you should carry the corpse to the rest room and leave them there to be discovered.

Once a dentist did have a patient die in his chair. He had had a bad reaction to the anesthesia. There were only a few people in the building at the time so the dentist hoisted the corpse over his shoulder and carried him down one floor and left him on the toilet in the bathroom.

He returned to his office to clean up and calm himself before going home. A few minutes later the "dead man" walks into his office dazed and confused, but very much alive.

Apparently the repeated bumps of being carried down the stairs caused a sort of accidental CPR and jolted the man back to life.

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Trust Fund Set Up For Natasha Bunn

By now many have heard the horrible news about young Kevin Bunn of Irondale who met with a tragic death while snowmobiling in Irondale on February 15.

Only 26 years old, Kevin, like many of us was not insured and has left behind a wife, Natasha who is also pregnant. Kevin is the son of Alan & Norma Bunn of Irondale and brother of Alan Jr., William and Micheal Bunn. Alan and Kevin operated Triple T Transmissions in Irondale. Natasha and Kevin's mother Norma operate the Irondale General Store and Gas Station.

Our hearts go out to all their family. We at the Communicator, like so many within the community, are extremely shocked and deeply saddened by this tragedy, and we extend warm wishes and deepest condolences to the family and all those who knew Kevin.

If you would like to help out Natasha, a trust fund has been started at the CIBC in Haliburton and any contribution is greatly appreciated.

Donations can be made at the bank to account # 74-10735. If making a donation at a CIBC bank other than in Haliburton, the transit number is 03242.

Again, we are sorry for your loss Natasha, and the Bunn family. Our thoughts are with you.

Kids 7-11

Care to Dance This March Break?

March break is approaching and if you are between the ages of 7 – 11 and are looking for something to keep yourself busy, why not consider dance lessons?

Haliburton Dance Arts Studio is offering a March Break Dance Camp that operates Monday through Friday from 9 – 4:30 each day.

The idea of the camp was developed from students of the dance studio who are teens themselves. "Two of my senior students came up with the idea and will be running the camp," says instructor Terri Matthews. Those who attended the camp will be exposed to a variety of styles such as Jazz, Hip-Hop and a few others. You can choose to come for the whole week or just a day or two. The cost to participate is \$30 per day or \$150 for the whole week and is open to both male and female students. It is advised that you register by March 4th. You may do so by calling 457-1561. Please leave a message and your call will be returned.

A Quickie...

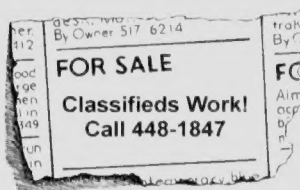
Dijon vu - the same mustard as before.

CLASSIFIED ADVERTISING

Thank You

Thank you to the Highlands Communicator for your story regarding the Haliburton Highlands 2002 Concert Series. We've had a sell out and believe much of this success is due to your excellent coverage.

The HHCS Committee



Thank You

We at the Communicator wish to thank everyone for their kind comments and well wishes from all of you who have faxed, emailed, phoned and stopped us on the street. Your support has meant a great deal and we look forward to producing many more issues! The response to our last issue was overwhelming and we promise to do our best to keep up the pace and provide you with more entertaining and fun issues. Thank you so much!

**Joanne & Brett
Publishers**

**Please support and thank the Advertisers
that appear in The Communicator. Without
them there would be no
“Good News Little Newspaper!”**

Who Dun-it

... from pg. 9 **Solution**

John said his uncle was in the middle of making a phone call when died suddenly. He wouldn't have hung up the phone. John also said he left everything alone and didn't touch a thing. How did they make the call to police and later the phone ring if the phone was off the hook? He knew John was lying.



**“Why do potato chip bags say NO
PURCHASE NECESSARY when talking
about a contest, but then on the bag it says -
“DETAILS INSIDE?!?”**

Brain Teaser Answers:

... from pg. 7

You can also see the back of an Eskimo!

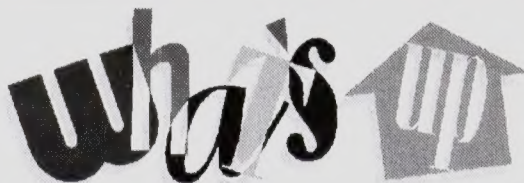
Where's the missing dollar answer:

We have to be careful what we are adding together. Originally, they paid \$30, they each received back \$1, thus they now have only paid \$27. Of this \$27, \$25 went to the manager for the room and \$2 went to the bellboy.

SEARS CATALOGUE

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Main St. Minden



Your monthly guide to community events in the area.

PET HEADQUARTERS

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457-3993

York St., Haliburton

Bingo

Every Monday - 7 p.m. at the West Guilford Community Centre.
Every Wednesday - 7 p.m. at the Haliburton Legion
Every Thursday - Minden & District Lions Club Bingo at the
Minden Community Centre - early bird 7 p.m. regular games start
7:15 p.m.

Fit over 50 Fitness Classes

Every Monday & Friday at the Haliburton Dance Arts Studio from
12:10 - 12:55 p.m. Subsidies available. Contact Terri Mathews at
457-1561.

Aqua Fitness Classes

Every Tuesday (started Feb. 26) from 6 - 7 p.m. at the Wigamog
Inn. 1st 3 classes free then \$5 each class. Contact Aileen Bruce -
457-3375.

March 2nd & 3rd and 9th & 10th

Watch vehicles slide around an icy track! See the Ice Races at the
Minden Fair Grounds. Don't miss this exciting event - fun for the
whole family. Races are weather dependent.

March 2nd

'The Cause' - A Concert for Local Bands. At the Minden Arena.
Doors open at 5:30. Tickets \$5 in advance or \$7.00 at the door.

March 12th

'A River Runs Through it ... and over it ... and around it ...' Brent
Wooten from the Haliburton Forest & Wildlife Reserve will take
us for an 'in-depth' look at the amazing world of streams that feed
our lakes. Everyone welcome to attend at Club 35, Halls Lake at 7
p.m. Admission by donation - refreshments will be served.

March 21

Haliburton 50+ Club ... welcomes you to join us for a Pot-Luck
Supper and to listen to a guest speaker. This will also be our
annual election evening and we ask all members to attend.
Members & Guests \$1.00 will your pot-luck contribution. If
attending, please let Mary or Brian know by Tuesday, March 19.
Call 754-3319.

See Advertisement Below for Exciting
March Break Fun at the Moose!

April 3 - June 19th

Tai Chi - Wednesdays for 12 weeks from 12 - 1 p.m. at the
Haliburton Highlands Health Services Minden Site Auditorium.
Contact Logie McDonnell at 457-5263 for details. \$10 for 6 weeks
or \$20 for 12 weeks.

April 6 - 7th

Haliburton County Maplefest. 7th Annual tour of Haliburton
Highlands Sugar Bushes, celebrating the creation of maple syrup
and the works of local artisans. Saturday and Sunday from 10 a.m.
- 4 p.m. Call Jean Tyler at 457-2214 for further information.

HALIBURTON HIGHLANDS HOME & GARDEN TOUR



Sponsored by



The Minden Lioness Club
invites the homeowners
from Minden/Haliburton and
the surrounding area to
open their homes and or
gardens for the Haliburton
Highlands Home & Garden
Tour in 2002. All proceeds
of the Tour are donated to
the Haliburton Highlands
Health Services Foundation.
If you are a prospective
host home or can suggest
someone who may be
willing to be a host home,
please contact Kelly Moore
of the Tour Committee at
489-3773 or the Foundation
office at 286-1580 / 457-
1580 before March 15,
2002. This will allow
adequate time to prepare
for this year's tour,
scheduled for July 20, 2002.



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IT'S HAPPENING AT THE MOOSE!

OPEN ALL WEEK DURING MARCH BREAK!

Comedy!

March 12 & 15

Yuk Yuk's Comedy

9:30 p.m. \$5.00 pp
(Tickets Not Necessary)

Open Friday 7 p.m. - 1 a.m.

Sat. 11 a.m. - 1 a.m. Sun. 11 a.m. - 4 p.m.

Live Shows!

SATURDAY NIGHTS

Check for Local
Favorites

Mike Morrison
& Minor Detail
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Staff Favorite!

JAMIE WILLIAMS

Mar. 13th!

The night to come out!

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Signia™ from Siemens offers one million transistors on a computer chip smaller than a grain of rice! This processing power helps the hearing impaired as never before, with benefits such as:

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- Improved compatibility with cellular and digital phones

For the clinic closest
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or (705) 286-6001.



OUT-OF-OFFICE CLINICS:

1st Monday each month -
Gooderham Community Centre
2nd Monday each month -
West Guilford Community Centre
3rd Monday of each month -
Wilberforce Medical Centre
Last Monday of each month -
Dorset Rec. Centre

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